

## FRANZ-JOSEF SCHINGALE

### A Challenge – Treatment in Difficult Cases

**Introduction:** Lymphedema (LE) of the face, neck, thorax and genital is a challenge for the practicing therapist.

**Aim:** Compression possibilities in face, thorax, genital and gigantic edema

**Method:** Using of Lymphtape and adjustable Velcro devices

#### Results:

##### Head and neck LE

Compression in head and neck LE is a challenge, Lymphtape is helpfully in those cases.

##### Truncal LE

In phase 2 the phase of maintenance the patient is wearing a compression body CCI 1.

##### Monstrous genital lymphedema.

In both phases the compression is the main problem in monstrous genital edema. As there was always the problem with the bandages, which were slipping down, difficulties going to the toilet and applying again, we changed to readjustable velcro devices for easier living.

##### Unusual gigantic edema

In most cases two therapists have to do the MLD and compression was a challenge for every day till we started with Velcro device reduction. Step to step with reduction of the edema we fitted the device for the necessary circumference.

**Conclusions:** In severe cases of lymphedema, both inpatient therapy and new methods of treatment are recommended. Appropriate aftercare is of paramount importance, including helping the patient deal with the challenges met in everyday life.

### Curriculum Vitae

<b>Personal Information</b>	Date of birth 21.12.1946 in Helmstedt, Germany
<b>Education</b>	1968 - 1975 Philipps Universität Marburg Degree: MD
<b>Specializations</b>	Specialist in General Medicine, Phlebology, Lymphology(BVL), Manual lymph drainage therapy
<b>Professional Experience</b>	Private practice, general medicine and phlebology, lymphology

Medical Director of: Lympho-Opt Clinic, clinic for treatment of lymphatic disorders, director of GLC(German Lymph Center in Cairo)

**Professional  
Associations**

German Association of Phlebology; Society of German-language Lymphologists; German Association of Lymphologists; Honorary Member of the Lymphology Association of the Czech Republic; Honorary Member of Scientific Society of Angiology, Slovakia, Advisor for the Association for Vascular Diseases, Advisory committee member of International Forum of Minisurgery of varicose Veins, Teacher for lymphoedema treatment physiotherapists schools: Lymphologic and Lymphwerk, instructor at VWA academy, instructor for master of phlebology and lymphology at Universidad de Alcalá, Madrid, member of scientific board of CIRC (Center of Interdisciplinary Research of Compression), member of ICC (International Compression Club)

**Publications**

Various publications

**Languages spoken**

German, English